

THE CONSULTING FOR SOLUTIONS GROUP



“This group helped us understand our relationship. Thank you for saving our marriage.”

Previous Group Member

“This was the best counseling experience we have had in a long time.”

Previous Group Member

The Consulting for Solutions group

206 – 5050 Kingsway
Burnaby, BC V5H-4H2
Phone: 604-639-3236
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Web address:
www3.telus.net/cfsg

Couples Therapy Group

For couples who are experiencing communication difficulties in their relationship

For couples who are experiencing difficulties in communication and want to learn the factors that are associated with successful intimate partners.

Through this group couples will:

- Develop new strategies,
- Strengthen existing supports and personal resources,
- Manage personal issues, and
- Promote healthy communication in the relationship.

Group Details

Dates: Fall session TBA

Time: 8 weekly sessions or 3 consecutive weekends (Saturdays)

Location: 5050 Kingsway Suite 206 Burnaby
585 16th Street Suite 102 West Vancouver

Cost:

Requirements

Couples must:

- Have a desire to increase wellness between partners, and
- Commit to complete all eight (8) consecutive sessions.

Co-Facilitators

Mario Testani MPS, RCC and **Karen White M.ED, RCC** have extensive training at the Gottman Relationship Clinic in Seattle, Washington, a world renowned organization. Mario specializes in working with couples, anger management and supervises counselors who provide clinical services to families. Mario also works with parent-child issues, addictions, relationship issues, trauma, self-esteem and adolescent conflicts.

To Register/For More Information

Call the CSG Clinic at 604-639-3236 Or email cfsg@telus.net