

## **VANCOUVER REFERRAL SERVICES**

### **VANCOUVER REFERRAL SERVICES FOR ADDICTION**

The following services provide referrals to various addiction programs in Vancouver:

Alcohol & Drug Information and Referral Line

Phone: (604) 875-6381

Note: refers callers to treatment services, detox and outpatient counselling for youth and adults in their community/region.

Narcotics Anonymous

Phone: (604) 873-1018.

Note: has a help line for the entire Lower Mainland and has a referral service to NA meetings. Operators are individuals in recovery and not counsellors, therapists or medical professionals.

Health Contact Centre

1st Floor - Roosevelt Hotel

166 East Hastings Street, Vancouver

Phone: (604) 658-1224

Note: a referral service for addiction and other social services for residents of the Downtown Eastside. Open 12:30 pm to 5:30 am daily (closed 12:30 am to 1:30 am). Health Contract Centre is a community resource for Vancouver's Downtown East Side.

#### **I.B. Vancouver Referral Services for Mental Health**

The following services provide referrals to various mental health programs in Vancouver:

[BC Mental Health Information Line](#)

Toll-free: 1(800) 661-2121

Note: A referral service for mental health programs throughout BC. Open 9:00 to 4:00 pm Monday to Friday.

Child and Youth Mental Health Referral Line

Phone: (604) 709-4111

Note: a central intake number for Vancouver-based mental health services for children and youth ages 5 to 18.

Older Adult Community Mental Health Referral Line

Phone: (604) 714-3765

Note: a single point of entry for specialized services for people over 65

## **II. VANCOUVER OUTPATIENT ALCOHOL AND DRUG SERVICES**

### **II. A. GOVERNMENT OF CONTRACTED AGENCIES - VANCOUVER**

Due to its large population base, adult mental health and addiction services and youth addiction services in Vancouver and Richmond are administered on a geographic basis by seven Community Health Areas: *City Centre, Mid-East, Northeast, Westside, Midtown, South Van, and Richmond*

# Vancouver Community Health Areas



[Three Bridges](#) (Business District, Yaletown)

1292 Hornby St.  
Phone: (604) 714-3480

[Downtown](#) (East Side)

569 Powell St.  
Phone: (604) 255-3151

Note: Provides counseling *and* medical services. Hours are 8:30 am to 8:30 pm daily.

[Grandview Woodland](#) (formerly 'North')

1669 E. Broadway  
Phone: (604) 675-3980

[Pender \(Downtown East Side\)](#)

59 W. Pender St.  
Phone: (604) 669-9181

[Sheway](#) (Downtown East Side)

533 E. Hastings St.  
Phone: (604) 216-1699

Note: Sheway provides assistance and counseling to pregnant women in the Downtown Eastside. Support can continue up to 18 months after child birth. Drop-in hours are 11:30 am to 3:30 pm Monday to Friday.

[Evergreen](#)

3425 Crowley Drive

Phone: (604) 707-3620 or (604) 707-3639

Note: just off Joyce and East 34th Ave.

[Pacific Spirit](#)

2110 West 43rd Ave.

Phone: (604) 267-3970

Note: covers areas west of Oak St. excluding downtown and South Vancouver (see map).

[Raven Song](#)

2450 Ontario St.

Phone: (604) 709-6400

Note: also includes the Bridge Clinic which provides services for immigrants.

South Addiction Services

920-700 West 57th Ave.

Vancouver, BC V6P 1S1

Phone: (604) 301-3860

Note: Hours are 8:30 to 4:30 pm Monday to Friday. Primary care is located at 6495 Knight St., phone (604) 321-6151

The following programs are provided by agencies contracted by the provincial government, non-profits, or charities.

**Adult Outpatient - Vancouver**

For adults with addiction issues who have experienced early childhood trauma contact [Bountyfull Counselling Society](#) located at 530 Heatley Avenue, phone (604) 255-6626. Individuals can self-refer for a 2.5-hour individual counselling session. Program is not a concurrent mental health/addiction program per se. Hours are 9 to 4 pm Monday to Friday. Clients appointments are set 9:30 to noon. Sliding fee scale.

For adult women with addiction issues living on the Downtown East Side contact Drug and Alcohol Meeting Support for Women (DAMS) located at 412 East Cordova Street (Lifeskills Building), phone (604) 687-5454 (office) or (604) 729-8267 or (778) 319-3267 (for outreach). Hours are flexible. Please call to set an appointment or, alternatively, to meet off-site. Please note that staff who work at DAMS are volunteers and are not trained clinicians.

For adults 55 years or older with alcohol or prescription drug issues contact [Senior Well Aware Program \(SWAP\)](#) located at 212-309 West Cordova Street, phone (604) 662-7927. Self-referrals are accepted. Office hours are 8:30 to 5 pm Monday to Friday.

**Youth Outpatient - Vancouver**

For youth with addiction issues contact Broadway Youth Resource Centre (BYRC) located at 691 East Broadway, phone (604) 709-5723.

For youth with addiction issues contact [Covenant House](#) located at 575 Drake Street, phone (604) 685-7474 or toll-free 1(877) 685-7474. Covenant House has a program called Community Support Service which provides outpatient services including counseling to runaway, homeless, and street-involved youth.

For homeless or at-risk youth ages 24 and under who are pre- or post-detox contact [Directions Youth Services Centre](#) located at 1134 Burrard Street, phone (604) 633-1472 or toll-free 1(866) 249-6884. Open Tuesday to Saturday.

For street-involved youth or foster kids with addiction issues contact Nexus Substance Misuse Outreach Program located at 550 Cambie Street, phone (604) 660-5216. Provides assessment, counseling, and referral.

For youth 16 to 19 with addiction issues who are street youth or with foster families contact Vancouver

Youth Services - Intake located at 550 Cambie Street, phone (604) 660-9376 or (604) 660-4927 (after hours). For street youth the minimum age is 12 years of age. A referral service to other programs is also provided. Hours are 8:30 am to 4:30 pm Monday to Friday.

For youth 12 to 24 with addiction issues contact Odyssey II located at 2875 Saint George Street, phone (604) 879-8853. Hours are 10:30 to 7:00 pm Monday to Friday.

For youth (16 and older) and street youth (12 and older) with addiction issues contact Vancouver Youth Services - Intake located at 550 Cambie Street, phone (604) 660-9376 or 660-4927 (after hours). A referral service to other programs is also provided. Hours are 8:30 am to 4:30 pm Monday to Friday.

For youth with addiction issues living in the Vancouver Downtown East Side/Strathcona are contact [Watari Youth and Family Alcohol and Drug Counselling Service](#) located at 301-877 East Hastings Street, phone (604) 254-6995.

Concurrent Mental Health/Addiction Services - Vancouver  
**Adult Concurrent Mental Health Addiction Services - Vancouver**

For adults with mental health or concurrent mental health/addiction issues contact the Center for Concurrent Disorders - Vancouver Community Mental Health Services located at 255 East 12th Avenue, phone (604) 255-9843 or (604) 687-7927 (for seniors). This program is outpatient programming for individuals who present with both a chemical dependency disorder and serious psychiatric illness. New clients are asked to call and attend the Wednesday 3 pm info session. Serves Vancouver and Richmond residents. A referral is required. Hours are 8:15 am to 5 pm Monday to Friday.

#### **Youth Concurrent Mental Health/Addiction Services - Vancouver**

For youth with mental health or concurrent mental health/addiction issues CYMH now has the Central Intake Referral Line located at 302-2425 Quebec Street, phone (604) 709-4111. This service will direct callers to the closest CYMH office. Central Intake may also direct callers to specialized services such as the Concurrent Disorders Program or the Early Psychosis Intervention (EPI) program (see below).

CYMH offices are located as follows:

- . Northeast - 2610 Victoria Drive
- . Kitsilano - 400 - 1212 W. Broadway
- . Midtown - 3rd Floor - 2450 Ontario St.
- . South - 220-1200 W. 73rd. Avenue
- . Strathcona - 3455 Kaslo Street
- . West End - 1555 Robson St.
- . West Side - see Kitsilano

For youth with concurrent mental health/addiction issues contact Centre for Concurrent Disorders (see above for contact information). The Youth Program is for youth 12-24 and provides both assessment and treatment. Individual, group, and family counselling is provided based on client needs. Groups include parenting, self esteem, and art therapy. There is also an addiction medicine specialist and psychiatrist on staff.

For youth 12 to 24 with concurrent mental health/addiction issues contact the [BC Children's Hospital - Provincial Youth Mental Health and Substance Use Program](#) located at C4-4480 Oak Street, phone (604) 875-2010. This program provides outpatient psychiatric consultations and assessments. A referral from a physician is required.

For individuals between the ages of 13 and 30 in the early stages of psychosis that may be caused by addiction, mental health or concurrent mental health/addiction issues contact the [Richmond/Vancouver Early Psychosis Intervention \(EPI\) Program](#) located at 2750 East Hastings St., 3rd Floor in Vancouver, phone (604) 675-3875. After receiving a call, EPI sends a clinician to the home of the person with possible psychosis, usually within a few days. After an initial visit, a referral is made to another service if it is not

psychosis or, if there is a diagnosis of psychosis, to schedule an appointment with a psychiatrist. Please note this service is NOT for strictly drug-induced psychosis, nor is it an emergency service. Emergencies should call Richmond/Vancouver Emergency Services at (604) 874-7307, call 911 or go to the nearest hospital.

CYMH also has additional specialized services for youth with mental issues such as parenting groups for substance-affected family members, adolescent outreach, vocational services, well being, etc. For more information call the Central Intake Referral Line, phone (604) 709-4111.

Day Treatment for Addiction or Concurrent Mental Health/Addiction Issues - Vancouver

Day treatment is an alternative to residential alcohol and drug rehabilitation since participants can attend while still living at home. It is also an alternative to regular outpatient treatment since treatment has a shorter duration but is more intensive (typically 4 to 8 hours per session).

#### **Adult Day Treatment - Vancouver**

For adults with addiction issues contact the [Day Treatment Program](#) which is co-ed group therapy offered by Family Services of Greater Vancouver and located at 200-1638 East Broadway, phone (604) 638-3390. For adult women with addiction issues contact the [Women's DEW Program](#) at the same location and runs daily for three to five weeks during the day. Clients can be on a methadone maintenance therapy program. Child care funding is provided. No fee for service.

For adults with addiction issues contact Vancouver Daytox located at 377 East 2nd Avenue, toll-free 1(866) 658-1221 (Access Central). Daytox is a 6-week day treatment program for adults living in Vancouver. Clients work out their individualized program in consultation with staff. New clients need to call to book an appointment for an orientation. Located in the same building as Vancouver Detox. Also has a program for people whose only addiction is nicotine.

#### **Youth Day Treatment - Vancouver**

For youth 13 to 24 with addiction issues contact [Watari Youth Day Treatment Program](#) located at 251A East 11th Avenue, phone (604) 438-3755. This program is 6 weeks in duration and is available to residents of Richmond and Vancouver.

Native Outpatient Alcohol & Drug Rehabilitation Services - Vancouver

#### **Native Adult - Vancouver**

For Native adults with addiction issues contact Aboriginal Wellness Program located at 255 East 12th Avenue, phone (604) 875-6601. Office hours are 8:30 to 4:30 pm Monday to Friday.

For Native adults with addictions contact Hey-Way'-Noqu' Healing Circle for Addictions Society located at 401-1638 East Broadway, phone (604) 874-1831. This program provides individual and group addiction and mental health counseling for Metis and First Nations.

For Native adults 18 and older with addiction issues contact Vancouver Native Health Society (VNHS) which has the Positive Outlook Program located at 449 East Hastings Street, phone (604) 254-9060. This program is offered in group modules for 8 to 10 participants over a four week span up to six months. Open to Native and non-Native residents of communities throughout the lower mainland.

For Native adults with addiction issues contact Musqueam Outpatient Treatment located at 6735 Salish Drive, phone (604) 263-3261. This program provides assessment, referral, and outpatient counselling for Musqueam band members.

For Native adults with addiction issues who are also involved in the criminal justice system contact the [Native Courtworker and Counselling Assn. of BC](#) located at 50 Powell Street, phone (604) 687-0281 or toll-free 1(877) 771-9444. This program provides counseling to Aboriginal people who are involved in the criminal justice system and have an addiction. The *Alcohol and Drug Program* offers counseling and referral to referred clients while the *Aboriginal Detox Follow-Up* helps clients to plan for additional treatment or community reintegration following discharge from detox.

### **Native Youth - Vancouver**

For Native youth 13 to 21 with addiction issues contact [Urban Native Youth Association](#) located at 1640 East Hastings Street, phone (604) 254-7732. Also has a day program called Aries Project located at 1607 East Hastings, phone (604) 255-1326.

For Native youth with addiction issues contact Musqueam Outpatient Treatment (see Native adult section above for contact information).

For Native youth with addiction issues contact Hey-Way'-Noqu' Healing Circle (see Native adult section above for contact information).

Vocational Services for Individuals with Addiction or Mental Health Issues - Vancouver

For adults with addiction issues contact [Gastown Vocational Services](#) located at Suite #405 - 375 Water Street, phone (604) 683-6047. This program provides vocational and career planning services, assessment, work readiness skill training programs, work experience placements, and supportive employment services to individuals with mental health disabilities. Clients with addictions must be stabilized (in recovery).

For adults with addiction issues that are seeking employment contact [Hope Bridge Services](#) phone (604) 879-9770. Participants of this program should be stabilized (in recovery) and offers both group and individual counseling. Accepts self-referrals from anyone living in the Lower Mainland. Clients must be currently unemployed or under-employed (working 19 hours a week or less) to qualify. Office hours are 8 to 5 pm Monday to Friday. Please call for the address.

Correctional Services for Individuals with Addiction or Concurrent Mental Health/Addiction Issues - Vancouver

For adult offenders with addiction issues contact Drug Treatment Court Vancouver located at 209B-1200 West Pender (court) or 1141 Melville (office), phone (604) 775-0144. Drug Treatment Court is a special court within the legal system that emphasizes treating rather than incarcerating *non-violent* offenders with addictions to cocaine, heroin, or other opiates. Hours are 9 am to 5 pm Monday to Friday.

For Native adults with addiction issues who are also involved in the criminal justice system contact the Native Courtworker and Counselling Assn. of [BC](#) (see Vancouver Native Outpatient Programs above for contact information).

General Counselling Services - Vancouver

The following services are *not* addiction- or mental health-specific but are offered as low cost or on a sliding scale for those requiring general counselling services.

Erickson Life Development Centre

2021 Columbia Street, Vancouver

Phone: (604) 879-5600 local 22

Note: offers solution-focused coaching and neurolinguistic programming. Coaching is provided by interns at Erickson College. No cost. Coaching is not addiction-specific.

Speakeasy Peer Counselling

University of British Columbia

Main Concourse (North Side) - Student Union Building

6138 Student Union Boulevard, Vancouver

Phone: (604) 822-3777

Note: outpatient peer-led (non-professional) counseling for substance abuse and other issues (not addiction-focused). Open to students, staff, and local residents. Also has a phone counseling service (604) 822-3700.

Open September to April.

UBC Psychology Clinic

UBC Community Services

2136 West Mall, Vancouver

Phone: (604) 822-3005

Note: offers outpatient counseling services for mental illness and addiction. Not addiction-specific but fees are based on a sliding scale.

## Vancouver Drop-In Centres

Drop-in centres are available for adults and youth and provide counselling, hot meals, clothing and referrals to other programs. Please note that counselling may not be addiction- or mental health-specific and staff may or may be volunteers as opposed to trained clinicians.

### **Adult Drop-In Centres - Vancouver**

Vancouver Drop-In Centre

607 E. Hastings St., Vancouver

Phone: (604) 255-7199

Note: is open to men and women, Bible studies, referrals to shelters, and one-on-one counseling. Open Monday to Friday 6:30 AM to 9 AM.

Women's Drop-In Centre

601 East Hastings, Vancouver

Phone: (604) 253-3735

Note: for women and provides counseling as well as referrals, hot meals, and clothing. Hours are Monday to Friday 3 PM to 6:30 PM.

### **Youth Drop-In Centres - Vancouver**

Youth Drop-In Centre

1075 Seymour St., Vancouver

Phone: (604) 688-7587

Note: Is a youth drop-in centre for ages 13 to 25. Includes daily meals, free clothing, counseling, etc. Hours of operation are Monday & Friday 1:30 to 7 PM, Wednesday 3 PM to 7 PM, Tuesday and Thursday 11:30 AM to 3 PM.